

Parent(s)/infant joint therapies
and interaction guidance

A transition from a model to another one
(differential indications, change factors)

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3 different types of joint therapies

- Psychoanalytic joint therapies
- Interactive guidance (S. Mac DONOUGH)
- Attachment's therapies

Psychoanalytic joint therapies

- Pierre MALE et Alice DOUMIC-GIRARD (Paris, 1975)
- Donald W. WINNICOTT (London)
- Serge LÉBOVICI (Paris)
- Dylis DAWS (Tavistock Clinic)
- Bertrand CRAMER et Francisco PALACIO-ESPASA (Geneva)
- Rosine DEBRAY (Paris)
- Annette WATILLON-NAVEAU (Bruxelles)

Interactive Guidance

Susan Mc Donough

« Handbook of Infant Mental health » (Ch. Zeanah ed.), Guilford Press,
New York, 1993

- In order to support the alliance with families overburdened
- Importance to focus on the families' resources
- Families “experts in survival” !
- Act in a concrete manner on behavioural interactions
- Help the parents to be more sensitive to the signals of their child
- Help the child to develop more secure abilities

B. CRAMER and D.N. STERN's research Genève, 1987 to 2004

Brief mother-infant psychoanalytic psychotherapy versus interaction guidance therapy :

- Comparable decrease in symptoms and negative affects
- Increase in maternal sensitivity to the signals from the infants

What for Whom ?

- Low parental reflexivity and interaction guidance
- High parental reflexivity and psychoanalytical joint parent-infant therapies
- See yourself in words or see yourself in pictures ?
- Parental narrative and conjugal narrative