Parent(s)/infant joint therapies and interaction guidance
A transition from a model to another one (differential indications, change factors)

par Bernard GOLSE et Sylvain MISSONNIER
ESCAP, Genève, Juillet 2017
Bernard GOLSE

- Child Psychiatrist-Psychoanalyst (French Psychoanalytic Association)
- At the head of the Child Psychiatry at Necker-Enfants Malades Hospital (Paris)
- Full Professor of Child and Adolescent Psychiatry at Paris Descartes University (Paris 5)
- President of the European Association for Child and Adolescent Psychopathology (EACAP/AEPEA)
Sylvain MISSONNIER

- Psychologist-Psychoanalyst (Parisian Psychoanalysis Society)
- Full Professor of Clinical Psychology at Paris Descartes University (Paris 5)
- Board Member of the European Association for Child and Adolescent Psychopathology (ECPA/AEPEA)
3 different types of joint therapies

- Psychoanalytic joint therapies
- Interactive guidance (S. Mac DONOUGH)
- Attachment’s therapies
Psychoanalytic joint therapies

- Pierre MALE et Alice DOUMIC-GIRARD (Paris, 1975)
- Donald W. WINNICOTT (London)
- Serge LEOVICI (Paris)
- Dylis DAWS (Tavistock Clinic)
- Bertrand CRAMER et Francisco PALACIO-ESPASA (Geneva)
- Rosine DEBRAY (Paris)
- Annette WATILLON-NAVEAU (Bruxelles)
Interactive Guidance
Susan Mc Donough
« Handbook of Infant Mental health » (Ch. Zeanah ed.), Guilford Press, New York, 1993

• In order to support the alliance with families overburdened
• Importance to focus on the families' resources
• Families “experts in survival”!
• Act in a concrete manner on behavioural interactions
• Help the parents to be more sensitive to the signals of their child
• Help the child to develop more secure abilities
Brief mother-infant psychoanalytic psychotherapy versus interaction guidance therapy:

- Comparable decrease in symptoms and negative affects
- Increase in maternal sensitivity to the signals from the infants
What for Whom?

- Low parental reflexivity and interaction guidance
- High parental reflexivity and psychoanalytical joint parent-infant therapies
- See yourself in words or see yourself in pictures?
- Parental narrative and conjugal narrative