

We are candidated to operate ESCAP 2031 meeting in Istanbul with our 34 years of experience and 1650 members as The Turkish Association for Child and Adolescent Psychiatry.

The Turkish Association for Child and Adolescent Psychiatry (TACAP) was established in 1991. It is headquartered in Ankara, in the capital city of Türkiye and has representatives in various cities. The Turkish Association for Child and Adolescent Psychiatry operates as a professional organization of specialist and residents of Child and Adolescent Psychiatry. Three textbooks and 13 different books and treatment guidelines which were related with different subjects of child psychiatry (e.g. infant mental health, psychometric evaluation) have been published with TACAP. The association organizes National Child and Adolescent Psychiatry Congresses every year in cooperation with the Child and Adolescent Psychiatry Departments of different universities. This year 34th National Child and Adolescent Psychiatry Congress took place in Kusadasi with 1000 participants.

The fourth edition of the **World Infant Childhood And Adolescent Mental Health Day** which is on the 23rd of April every year this is part of a collaborative effort of four organizations the International Association of Child and Adolescent Psychiatry(IACAPAP) , The World Psychiatric Association (WPA) Section On Child And Adolescent Psychiatry, The World Association of Infant mental health (WAIM) and the International Society of Adolescent Psychiatry and psychology (ISAPP) these four organizations will also be organizing a symposium as part of the 34th meeting of the Turkish Association of Child and Adolescent Psychiatry which will be held this year in Kusadasi

In another meeting the Adolescent Symposiums, which were first held in 1996 by the Association's Adolescent Commission, a different area of adolescence problems is discussed each year. The commissions within the association carry out studies and activities on various issues related to child and adolescent mental health .

In Our association is a member of the International Association of Child and Adolescent Psychiatry and Related Professions (IACAPAP), the European Society of Child and Adolescent Psychiatry (ESCAP) and the Child Psychiatry Unit of the European Association of Medical Professionals (UEMS). Organization Website is <https://www.cogepder.org.tr/>

Turkish Journal of Child and Adolescent Mental Health is the official journal of TACAP.

Turkish Journal of Child and Adolescent Mental Health (TJCAMH) (E-ISSN:2687-3532) the official organ of Turkish Association for Child And Adolescent Psychiatry and it has been published since 1994.

This is an international, open access, scientific, peer-reviewed journal in accordance with independent, unbiased, and double-blinded peerreview principles published quarterly in Turkish or English. The journal is published tri-annually in March, July and November electronically. It is an independent international periodical journal based on the double-blind peer-review principle.

TJCAMH aims to advance the science and practice of child and adolescent psychiatry by publishing original research and papers of theoretical, scientific, and clinical relevance to the field. TJCAMH welcomes in particular papers covering the mental health of children, adolescents, and families; genetic, epidemiological, neurobiological, and psychopathological research; cognitive, behavioral, psychodynamic, and other psychotherapeutic investigations; parent-child, interpersonal, and family research; and clinical and empirical research in inpatient, outpatient, consultation-liaison, and school-based settings. Contributions from national institutions and all around the world are encouraged.

The target audience includes specialists and physicians in training in child and adolescent psychiatry in all relevant disciplines.

The Turkish Journal of Child and Adolescent Mental Health is currently indexed in the **TUBITAK/ULAKBIM, EBSCO, Gale, Index Copernicus, CABI, ProQuest, IdealOnline, J-Gate, Türk Medline, Hinari, GOALI, ARDI, OARE, AGORA, DOAJ** and **Turkish Citation Index**.

The editorial and publication process of the Journal of the Turkish Journal of Child and Adolescent Mental Health are shaped in accordance with the guidelines of the International Committee of Medical Journal Editors (ICMJE), World Association of Medical Editors (WAME), Council of Science Editors (CSE), Committee on Publication Ethics (COPE), European Association of Science Editors (EASE), and National Information Standards Organization (NISO). The journal is in conformity with the Principles of Transparency and Best Practice in Scholarly Publishing.

In our association, we aimed to organize needs for different parts of child and adolescent mental health. We have 21 commisions as following below:

- 1-Forensic Child and Adolescent Psychiatry Commission
- 2-Residency Commission
- 3-Addiction Commission
- 4-Infant Mental Health Commission
- 5-Children's Rights Commission
- 6-Attention Deficit Hyperactivity Disorder Commission
- 7-Mood Disorder Commission
- 8-Education, Culture and Art Commission
- 9-Adolescent Commission
- 10-Ethical Commission
- 11-Consultation Liaison Commission
- 12-Media Commission
- 13-Autism Commission
- 14-Children with Special Needs Commission
- 15-Policy Development and International Relations Commission
- 16-Psychopharmacology Commission
- 17-Psychotherapy Commission
- 18-The commission of prevention of violating professional boundaries
- 19-Trauma Commission
- 20-Inpatient Institutions Commission
- 21-Eating Disorders Commission

We would like to organize ESCAP 2031 in Istanbul. Because Istanbul is a very old attraction center and metropolis in the world.

Istanbul's history is a tapestry woven with the threads of ancient civilizations and powerful empires. Founded as Byzantium in the 7th century BC, it became the capital of the Eastern Roman Empire, known as Byzantium, in the 4th century AD. Renamed Constantinople in 330 AD, it served as the glittering capital of the Byzantine Empire for over a millennium.

In 1453, the Ottoman Empire under Sultan Mehmed the Conqueror captured Constantinople, marking a pivotal moment in history. The city was transformed into the capital of the Ottoman Empire and renamed Istanbul. For centuries, Istanbul flourished as a center of Islamic culture, trade, and imperial grandeur. Magnificent structures like the Topkapi Palace and the Suleymaniye Mosque were constructed, showcasing the splendor and architectural prowess of the Ottomans.

During the 19th and early 20th centuries, Istanbul witnessed significant changes. The Ottoman Empire faced challenges and reforms under Western influences. In 1923, the Republic of Turkey was established, and Ankara became the new capital. Istanbul retained its importance as Turkey's economic and cultural hub, undergoing modernization while preserving its historical treasures.

Today, Istanbul stands as a vibrant metropolis that harmoniously blends its glorious past with the dynamism of the present. Its iconic landmarks, such as the Hagia Sophia, Blue Mosque, and the Grand Bazaar, attract millions of visitors who seek to immerse themselves in the city's rich history. The city's diverse neighborhoods reflect its multicultural heritage, from the narrow streets of Sultanahmet to the lively districts of Beyoglu and Kadikoy.

Istanbul's history is etched into its streets, palaces, and monuments, offering a fascinating journey through time. It is a testament to the city's enduring spirit and its ability to reinvent itself while honoring its illustrious past. Istanbul invites you to explore its captivating history, where empires have risen and fallen, leaving behind a legacy that continues to inspire and awe.

Transportation in Istanbul is well-developed and offers various convenient choices. The Istanbul Metro is a reliable and efficient way to travel throughout the city, with lines connecting major districts and attractions. The tram system, particularly the T1 line, is popular for exploring the historic Sultanahmet area, where you can visit iconic sites like the Hagia Sophia and the Blue Mosque. The nostalgic wooden tramcar along Istiklal Street

provides a charming way to experience the bustling atmosphere of the city's vibrant shopping and entertainment district.

To enjoy the scenic beauty of Istanbul, hop on a ferry or a boat tour along the Bosphorus. This allows you to admire the stunning views of the city's skyline, historic palaces, and the interplay between Europe and Asia. You can also take a leisurely stroll along the shores of the Golden Horn, a natural harbor that separates the European side of Istanbul.

When it comes to accommodation, Istanbul offers a wide range of options to suit every taste and budget. If you seek luxury, indulge in iconic five-star hotels such as the Çırağan Palace Kempinski or the Pera Palace Hotel. These establishments provide unparalleled comfort and often offer breathtaking views of the Bosphorus or the city's historical landmarks.

For a more intimate and authentic experience, consider staying in boutique hotels located in charming neighborhoods like Sultanahmet, Beyoglu, or Kadikoy. These boutique hotels often showcase the city's unique architectural styles, blending contemporary comfort with traditional elements. Some notable options include the Sumahan on the Water, situated in a converted Ottoman distillery, or the Vault Karakoy House Hotel, housed in a restored bank building.

If you prefer a more local experience, Istanbul offers numerous guesthouses, known as "pensions," where you can stay in cozy rooms and interact with welcoming hosts. These guesthouses can be found in neighborhoods like Balat or Karakoy, providing a genuine glimpse into the local culture and daily life of Istanbul.

No matter your preference, Istanbul's accommodation options are as diverse as its cultural tapestry, ensuring a comfortable and memorable stay.

In summary, Istanbul's transportation network offers a variety of options, including the metro, tram, ferry, and nostalgic tramcar, allowing you to navigate the city conveniently. Accommodation choices range from luxurious hotels with stunning views to boutique hotels in historic neighborhoods and cozy guesthouses that provide an authentic local experience. Embrace the best of Istanbul's transportation and accommodation offerings as you explore the city's rich history and immerse yourself in its vibrant culture.

We have many different and good options in Istanbul for congress venue.

Istanbul Congress Center is an international congress and event destination, boasting world-class technological infrastructure, experienced staff, and a high-quality service it offers to visitor. Spanning an area of 120.000m² on a total of eight floors, Istanbul Congress Center hosts social, cultural and professional events of all kinds, including but not limited to national and international congresses, conferences, symposiums, corporate meetings, fairs, exhibitions, concerts, musicals, and theater and movie premieres.

Istanbul Lutfi Kirdar International Convention and Exhibition Centre - ICEC, the very first and the leading convention and exhibition centre of Istanbul has been the driving force of the Turkish meeting industry for almost a quarter of a century. Located at the heart of the City, within walking distance to almost 10.000 hotel rooms, Istanbul Lutfi Kirdar International Convention and Exhibition Centre - ICEC has been the venue for countless international meetings and congresses during its 24 years of operation of excellence. Istanbul Lutfi Kirdar International Convention and Exhibition Centre – ICEC with its wide halls and inspiring meeting rooms has the capacity to host many events simultaneously. The main building and the Rumeli Hall with it's stunning view of the bosphorus, technological structure and innovative services are capable of hosting many events from congresses to meetings, fairs to exhibitions, cocktails to gala dinners, film premieres to cultural events at the national and the international level.

Istanbul Lutfi Kirdar International Convention and Exhibition Centre – ICEC has a strong customer-centric team who value collaboration and communication. This is another reason why the venue has become the most preferred convention and exhibition centre of Istanbul.

Haliç Congress Center is a privately-owned enterprise whose land is owned by the Istanbul Metropolitan Municipality. The Center opened its doors to the national and international meeting industry with the 5th World Water Forum in 2009. It hosts events that are worthy of the brand value of Istanbul, the fastest developing and most preferred destination in recent years in the congress, meeting and event industry. The only center of its kind on the shores of Istanbul, Haliç Congress Center brings aesthetics, flexibility and color to events with its completely sun-lit and spacious galleries and foyers that boast access to the seafront and original architecture. It fulfills a crucial mission for our city by hosting a wide range of events, including international congresses and meetings, fairs and exhibitions, cocktail receptions and gala dinners, wedding ceremonies, film galas, and culture and art events. The

102,000-square meter Haliç Congress Center boasts 16,000 square meters of outdoor area, a seating capacity ranging from 219 to 3,004 people, five state-of-the-art auditoriums, connecting foyer and gallery areas totaling 9,172 square meters, and 23 multi-purpose halls with seating capacities ranging from 50 to 850. Haliç Congress Center is the preferred choice due to the attention paid to service quality, its technological infrastructure equipped with state-of-the-art equipment, its team of seasoned and professional staff, its seafront and outdoor event areas, and its capacity to host multiple events simultaneously.

Safe and Comfortable Travel to Istanbul for the International Congress

We are delighted to welcome our international colleagues to Istanbul for the upcoming congress. As one of the world's most dynamic and historically rich cities, Istanbul offers an exceptional combination of cultural heritage, modern infrastructure, and warm hospitality.

Travel to Istanbul is both safe and comfortable. The city's international airport connects to major destinations across the globe, ensuring convenient and reliable access. Visitors will find a wide range of high-quality accommodations, efficient public transportation, and a welcoming environment that makes every stay enjoyable and secure.

According to the *Mastercard Global Destination Cities Index (2024)*, **Istanbul ranks among the top five most visited cities in the world**, attracting over **20 million international visitors each year**. This remarkable figure reflects not only the city's beauty and cultural diversity but also its reputation for safety and accessibility.

Regarding travel formalities, Turkey provides a straightforward and transparent **visa process**. Citizens of many countries are eligible for an **e-Visa**, which can be easily obtained online in just a few minutes. For others, Turkish embassies and consulates worldwide offer prompt and supportive visa services. These procedures are designed to facilitate participation in international events, including scientific and professional congresses.

We encourage all participants to plan their visit with confidence. Istanbul's unique charm, safety, and hospitality promise a rewarding and memorable congress experience for everyone.

The Value of Expanding International Congresses to New Host Countries

Organizing international congresses in countries that have not previously hosted such events offers a wide range of meaningful advantages for both the global scientific community and the host nation.

Firstly, it fosters **greater inclusivity and diversity** within the field. Engaging new regions allows professionals, researchers, and students who may not have had the opportunity to participate in major international events to share their perspectives and expertise. This exchange enriches scientific dialogue and promotes a more balanced global representation.

Secondly, expanding congress locations contributes to the **growth of local professional networks and academic capacity**. Hosting an international meeting often inspires national collaboration, supports the development of related disciplines, and encourages future research partnerships. It also strengthens the visibility of local institutions on the international stage.

Moreover, selecting new host countries enhances **global understanding and cultural exchange**. Delegates benefit from experiencing different traditions, values, and approaches to science and practice, thereby deepening mutual respect and cooperation across borders.

Finally, from a strategic perspective, broadening the geographic scope of congresses demonstrates a commitment to **equity, accessibility, and the global dissemination of knowledge** — key principles that define the spirit of international collaboration.

By extending congress opportunities to new and diverse destinations, the international community not only promotes scientific advancement but also contributes to a more connected, inclusive, and understanding world.

We also have a largeous and rich organization team for organizing congresses and we have many experiences.

Founded in 1991, the Turkish Association for Child and Adolescent Psychiatry has succeeded in organizing the national congresses, the largest educational event, annually from the first year to now. This year, we held the **34nd Turkish National Child and Adolescent Psychiatry Congress** in Kusadasi (close to Ephesus and Izmir) with international participants, with the participation of approximately 900 participants. **34th National Congress of Child and Adolescent Mental Health and Disorders**, which we plan to hold in Kuşadası from April 29 to May 3, 2025. Our congress, themed “**Protecting Children and Youth in a Changing World**,” aims to address our shared responsibility of safeguarding the well-being of children and adolescents in today’s rapidly evolving world.
<https://cocukergen2025.com/program?lng=lng>.

Core European Values: Democracy and Inclusiveness

Being European is fundamentally defined by a shared commitment to democracy, human rights, and inclusiveness. These principles form the moral and political foundation of the European identity and continue to guide its institutions and societies.

Democracy in the European context means more than the existence of elections. It reflects a deep respect for pluralism, transparency, and accountability in governance. Democratic societies value free expression, the rule of law, and the active participation of citizens in shaping public life.

Inclusiveness represents the belief that diversity strengthens communities and that every person, regardless of background, culture, religion, or belief, deserves equal rights and opportunities. Europe's inclusive spirit promotes social cohesion, dialogue, and mutual respect — ensuring that differences are seen not as divisions, but as sources of richness and innovation.

In this regard, Istanbul's candidacy as a host city carries profound symbolic and practical significance. Bridging continents and cultures, Istanbul embodies the very essence of inclusiveness and intercultural dialogue. Hosting a major European event in Istanbul would not only celebrate the city's historical role as a crossroads of civilizations but would also reinforce the core European values of democracy, diversity, and mutual understanding.

By embracing Istanbul's candidacy, the European community has an opportunity to demonstrate that democracy and inclusiveness are living, dynamic values — strengthened by openness, cooperation, and shared commitment across borders.

For all these reasons, we are sure that we have all the facilities and experience for organizing ESCAP 2031 in magnificent and oldest city Istanbul.