14th

Panhellenic Congress on Child & Adolescent Psychiatry «Child and adolescent psychiatry in a world of contrasts»

by the Hellenic Society of Child & Adolescent Psychiatry



WHERE

Athens

Archaios Elaionas Conference Centre WHEN

07-09

November 2025

ΠΑΙΔΟΨΥΧΙΑΤΡΙΚΗ ΕΤΑΙΡΕΙΑ ΕΛΛΑΔΟΣ

Ένωση Ψυχιάτρων Παιδιών και Εφήβων

HELLENIC SOCIETY OF ■ CHILD & ADOLESCENT PSYCHIATRY Child & Adolescent Psychiatry



President's Message

Dear Colleagues,

It is with great pleasure that we invite you to the 14th Panhellenic Conference on Child and Adolescent Psychiatry, which will take place in Athens from November 7–9, 2025, under the title: "Child and Adolescent Psychiatry in a World of Contrasts."

The title clearly reflects our current era—a world full of contradictions, intense polarization, and various threats. It is a reality far removed from the stable, safe, and collaborative environment that children and adolescents need in order to grow and develop harmoniously.

Child and adolescent psychiatry is called upon to understand each child's internal reality, the particular conditions within their family, as well as the broader social context—both Greek and international—where rapid changes are constantly unfolding.

The conference's agenda is broad and includes, among others:

The impact of successive crises (economic, health, migration, climate) on the mental health of children and adolescents.

- ✓ Emerging identity pathologies,
- ✓ Developing personality disorders in adolescents and young people,
- ✓ New family structures,
- ✓ Forms of addiction in children and adolescents,
- ✓ Suicidality and its management,
- √ The latest data on neurodevelopmental disorders,
- √ Issues related to inpatient psychiatric care for children and adolescents,
- ✓ The role of psychotherapy today,
- ✓ Domestic violence (within the family, school, and society),
- ✓ Structures for social protection and the institution of foster care,
- √ The justice system and its multiple demands on child psychiatry services,
- ✓ Mental health policies and their impact on the provision of diagnostic and therapeutic services.

In addition, there will be a dedicated session for child and adolescent psychiatry trainees, where topics relevant to training and education in the specialty will be discussed.

Our conference provides an excellent opportunity for all professionals in the field of child and adolescent mental health to enhance their understanding of different perspectives, and to engage in meaningful exchange and synthesis of ideas.

We are honored to welcome distinguished speakers with deep expertise in their respective subjects, and several roundtable discussions have been organized in collaboration with many scientific societies.

This meeting also looks ahead to the <u>22nd Congress of the European Society for Child and Adolescent Psychiatry (ESCAP)</u>, which the <u>Hellenic Society of Child and Adolescent Psychiatry (P.E.E. – ENO.PSY.P.E.)</u> is organizing in close collaboration with ESCAP. The event will take place in <u>Athens on June 24–26, 2027</u>, under the title:

"Child & Adolescent Mental Health in a Polarised World,"

and we expect it to mark a significant milestone for child and adolescent psychiatry in our country.

Manos Tsalamantios

President of the Organizing Committee

President of the Board of the Hellenic Society of Child and Adolescent Psychiatry - ENO.PSY.P.E.



KEYNOTE SPEAKERS

Prof. Dr. Tobias Banaschewski

Medical Director of the Clinic of Child and Adolescent Psychiatry and Psychotherapy Deputy Director of the Central Institute of Mental Health University of Heidelberg





Prof. Maja Drobnič Radobuljac, MD, PhD

University of Ljubljana Department of Psychiatry ESCAP Board Member ESCAP Policy Division Chair



C & A Psychiatrist, Prof. in Public Health at <u>Univ. Paris-Sud</u>, past-president of IACAPAP Président SEPEADA





Κουφονικολάκου Θεώνη

Deputy Ombudsman for Children's Rights

Child & Adolescent Psychiatry



Topics

- Mental Health Policies and Their Impact on Everyday Practice
- The Digital World and Its Applications in Clinical Child and Adolescent Psychiatry
- Violence Involving Children and Adolescents Both as Victims and Perpetrators
- Delinquency in Children and AdolescentsAddictions in Children and Adolescents
- Clinical and Ethical Dilemmas in Child and Adolescent Psychiatric Practice
- Vulnerability and Traumatic Events in Children and Families
- Successive Crises and TraumaNew Family StructuresGender
- Dysphoria Emerging Identity PathologiesNutritional
- Changes and Their Impact on Mental Health
- Ecology, the Climate Crisis, and Child Psychiatry
- Adolescents and Children in Urban Centers and Rural Areas
- Research and Scientific Advances in Child and Adolescent Psychiatry
- Beyond the Bio-Psycho-Social ModelNeurosciences and Child and Adolescent Psychiatry
- Intersections Between Psychotherapy and Pharmacotherapy
- Psychotherapies: Classical and Emerging Therapeutic Approaches





Organised by

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