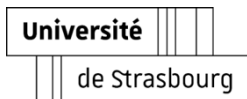


Strasbourg, March 16th, 2023



To the members of the ESCAP board

I am very pleased to write this letter of **application for the position of a Board member of ESCAP starting in July 2023**, and I wish to communicate my significant enthusiasm and commitment to the missions of ESCAP.

As the head of the Department of Child and Adolescent Psychiatry at Strasbourg University Medical School and Strasbourg University hospitals in Strasbourg, France, I have had myself a very European career trajectory (see CV): of German origin, I have studied medicine in Germany and France, before specializing first in General Psychiatry in France, Switzerland (Basel) and the United States (Stanford), and then in Child and Adolescent Psychiatry. As such, I have an important commitment to collaborations at the European and international level within Child and Adolescent Psychiatry. In terms of European CAP policies to promote mental health of children and adolescents in Europe, but also regarding the improvement and homogenization of CAP training for residents, I represent France since 2016 at the European Union of Medical Specialists for CAP (UEMS-CAP), and am serving as its elected president since 2020. During my tenure, we have regularly organized European "Train the trainers in CAP" workshops and established a new European curriculum framework for CAP training. At an international level, I have recently been elected to the IACAPAP executive committee in December 2022, and we have established a strategic plan for the years to come regarding CAP policies. Reinforcing the collaboration of ESCAP with UEMS-CAP and IACAPAP would be a particular important mission I would be delighted to assist with.

At a national level, I am an elected member of the *Société Française de Psychiatrie de l'Enfant et de l'Adolescent et Disciplines Affiliées* (SFPEADA), the French CAP society supporting putting forward my ESCAP board application. I am also an elected member of the administrative council of the French Association of Biological Psychiatry and Neuropsychopharmacology (AFPBN) where I am responsible of the section of 'sleep', my additional field of clinical, teaching and research expertise, and a member of the scientific council of the French Society of Sleep Medicine and Sleep Research (SFRMS). These collective responsibilities and others (see CV) attest to my commitment and ability to organize scientific conferences and meetings, to structure scientific collaboration with other organizations, and to work on the transmission of research for the general public in order to improve general knowledge and care.

It would be a particular honour for me to integrate the **academic/research division** as a board member of ESCAP. As attested by my international research career (including a post-doctorate and junior faculty at Stanford University), my publication track record, my current research grant fundings, my grant selection committee and peer reviewing duties, I would be delighted to bring my expertise to the ESCAP division in order to promote education and in particular research training in the field of CAP and mental health.

But most importantly, I will liaise with the ESCAP board for the organization of the 2025 ESCAP meeting in Strasbourg, France that France is delighted to host.

I would be very honored to bring my engagement and visions for CAP into the ESCAP board.

Sincerely,



Pr. Carmen Schröder, MD, PhD



Curriculum Vitae

Carmen M. Schröder, MD, PhD, DOB : April 14, 1972 (Germany)
3 children

Department of Child and Adolescent Psychiatry

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EDUCATION

France: Faculté de Médecine, Hôpitaux Universitaires de Strasbourg et UDS, Service de Psychiatrie de l'Enfant et de l'Adolescent
2015-présent **University Professor – Hospital Clinician – Department Chair** (tenure clinical, teaching and research position)
2013-2015 **Hospital Clinician** (permanent position)
2010-2013 **Chef de clinique-Assistant de Hôpitaux** (non-tenure clinical, teaching and research position)
2008-2010 **Praticien** (non-tenure position)
USA: Stanford University, Department of Psychiatry and Behavioral Sciences
2007- 2008 **Instructor (Junior Faculty)**
2003-2007 **Post-Doctorate** (post-MD) ; Mentor : Dr. Ruth O'Hara
Switzerland: Psychiatric University Clinics (UPK) and Centre for Chronobiology, Basel
2001- 2003 Combined **scientific and specialist training** ; Mentor : Dr. Egemen Savaskan and Prof. Anna Wirz-Justice

MAIN CURRENT POSITIONS

Professor, Department Chair	- Department of Child and Adolescent Psychiatry, University of Strasbourg School of Medicine (> 2015)
Researcher	- CNRS UPR 3212, Team "Sleep, Clock, Light & NeuroPsychiatry", INCI, Strasbourg (>2010)
	- International Centre For Research in ChronoSomnology (CIRCSom), Strasbourg (> 2015)
Head	- Excellence Centre for Autism and Neurodevelopmental Disorders STRASAND , www.strasand.eu (>2020)
Coordinator Psychiatry	- University Hospital Federation (FHU) NEUROGENΨCS(NEUROsciences-GENetics-PsΨChiatricS) (>2016)
Elected member	- CNU section 49-04, Child and Adolescent Psychiatry (>2022)
President	- Union Européen des Médecins Spécialistes (UEMS)– Child & Adolescent Psychiatry (>2020)
Treasurer	- International Association for Child and Adolescent Psychiatry and Affiliated Professions (IACAPAP)(>2022)

1 – RESEARCH ACTIVITIES

PUBLICATIONS

☞ **H-Index = 25 (i10 : 45)** (via Google Scholar le 17/03/2023); citations : 3145
☞ Full list of publications (except book chapters) [here](#)

MAIN ONGOING RESEARCH CONTRACTS

☞ 2021-2024: *Light therapy on symptoms of autism spectrum disorders (ASD): a randomized-controlled trial of a non-pharmacological treatment targeting sleep and circadian rhythm disturbances, vigilance, attention and mood disturbances (Light-s-Aut)*. **PHRC national 2020. Investigateur principal et coordinatrice.**

☞ 2020-2023: *Sleep disturbances in children and adolescents with post-traumatic stress disorder (PTSD): a randomized double-blind placebo-controlled trial to investigate the efficacy of pediatric prolonged-release melatonin (MelatoSomPTSD)*. **PHRC national 2019. Investigateur principal et coordinatrice** (avec J Rolling).

☞ 2020-2023: *Evaluation médico-économique de la prise en charge par Serious Games en unités ambulatoires et à domicile des enfants atteints de troubles du spectre autistique - e-Goliath-ECO*. **PRME 2019. Investigateur** (PI: David Cohen, Paris).

☞ 2020-2023: *Treatment of pediatric Post-traumatic Stress Disorder with memory reactivation under the influence of propranolol: A randomized placebo-controlled trial - PPP*. **PHRC national 2018. Investigateur** (PI: Philippe Birmes, Toulouse).

☞ 2019- 2022: *Circadian rhythms, rites and sleep in adolescents and risk perception: a family study*. **Fondation VINCI 2018. Investigateur principal et co-coordinatrice** (avec Régine Scelles, Nanterre).

NATIONAL AND INTERNATIONAL VISIBILITY

☞ Invitation to over 150 national or international conferences or workshops

2 – TEACHING AND TRAINING

☞ **All six years of medical studies**
☞ **Coordinator, national inter-university diploma in sleep medicine**

- ☞ Chair (mandated by the board of adult and CAP psychiatry of the French College of Psychiatry), for the new subspecialty of sleep medicine for psychiatry residents (Formation Spécialisée Transversale (FST) Sommeil)
- ☞ Post-university training (numerous diplomas...); Master and doctoral programs ; others
- ☞ Mentoring and supervision of research (post-doc, PhD, medical interns, masters...)

3 – DIAGNOSTIC AND CLINICAL ACTIVITIES

- ☞ Department Chair – 60 hospital beds (12 full time and 48 daytime); 164 full-time positions within the department

AWARDS and PRIZES (selection)

- ☞ 2010 : Prize of the Scientific Committee of the 8e Congress of “Encéphale », Paris, France
- ☞ 2010 : Donald J. Cohen Fellowship Award, IACAPAP, Beijing, China
- ☞ 2006 : International College of Geriatric Psychoneuropharmacology (ICGP) International Junior Investigator Award, Baltimore, USA
- ☞ 2005 : 4th Annual NIMH Career Development Institute for Psychiatry, Stanford, USA
- ☞ 2004-2005 : C.F. Aaron Dean’s Fellowship Award, Stanford University, USA
- ☞ 1998 : Final medical diploma with highest honors
- ☞ 1994-1997 : Study grant of the German-French-University College

NATIONAL AND INTERNATIONAL VISIBILITY

- ☞ Invitation to over 50 national or international conferences or workshops

4 – COLLECTIVE RESPONSIBILITIES

PROFESSIONAL SOCIETIES (for IACAPAP and UEMS-CAP see above) (selection)

- ☞ French Association of Biological Psychiatry and Neuropsychopharmacology (AFPBN) ; *elected member of the administrative council (CA) ; responsable of the sleep section (SoPsy)*
- ☞ French Society of Child and Adolescent Psychiatry and Affiliated Disciplines (SFPEADA) ; *elected member of the Scientific Council*
- ☞ French Society of Sleep Medicine and Sleep Research (SFRMS) ; *elected member of the Scientific Council 2012-2016 and 2019 and ongoing*

GRANT SELECTION COMMITTEES AND PEER REVIEWING (selection)

☞ Grant selection committees:

- Nomination to the Scientific Council of the **Fondation pour la Recherche Médicale (FRM)**, 2018-2023 – responsible for the annual attribution of > 46 million € per year for basic science and clinical research (one of the biggest science foundations in France)
- LabEx Brain since 2015
- Comité d’évaluation d’équipes CNRS depuis 2017
- National PHRC committees; national PREPScommittees; IReSP
- Grand Prix Fondation de France
- others

ORGANISATION OF SCIENTIFIC MEETINGS (selection)

Organisation of international meetings

- ☞ Head of the organizing committee of the **ESCAP meeting in Strasbourg, France, 2025**
- ☞ **Union Européenne des Médecins Spécialistes (UEMS) – CAP**, « Train the trainers » meeting, 2019, 2021, 2022, 2023
- ☞ French organizing committee of the **International Association for Women’s Mental Health (IAWMH) congress, Paris, March 2019**
- ☞ French organizing committee and scientific committee of the **International Pediatric Sleep Association (IPSA) meeting, Paris, April 2018**
- ☞ French organizing committee, meeting of the **European Sleep Research Society (ESRS), Paris, June 2012**

Organisation of national meetings

- ☞ Organizing committee and bureau of the **French Congress of Psychiatry (CFP) (>3000 participants per year)**, Nantes, Novembre 2018 and ongoing
- ☞ Organizing committee and scientific committee of the **annual meetings of the French Society for Sleep Medicine and Sleep Research (SFRMS) (>3000 participants per year)**: Bordeaux 2012, and ongoing
- ☞ Organizing committee of the workshop « Psychiatry-Sleep », ITMO Neurosciences, Sciences cognitives, Neurologie, Psychiatrie: Paris 2012
- ☞ Organizing committee of the annual Journées scientifiques on autism, S.T.R.A.S./Autisme network: Strasbourg 2012-2018
- ☞ Organizing committee of the annual meeting of the French Society of Child and Adolescent Psychiatry and Affiliated Disciplines (SFPEADA): Strasbourg 2010

The application of Pr Carmen Schröder for the position of a board member of Escap

To the President of ESCAP

Dear Dimitris Anagnostopoulos

I am pleased to transmit to you the candidacy of Professor Carmen Schröder for the position of a Board member of ESCAP

As President of the SFPEADA and on behalf of the Board of Directors, we support this excellent candidacy.

Carmen is very involved in the promotion and development of mental health for children and adolescents. Her professional career is also an asset the position of a Board member of ESCAP.

I confirm that the SFPEADA will cover the costs related to the mission (travel costs, accommodation, registration fees, etc...) in the event of the election of Carmen Schröder.

Thank you in advance for your consideration of his application.

Best regards

Dr Jean CHAMBRY

President of SFPEADA