## A Review of ESCAP Presidency 2019 - 2023



**European Society for Child and Adolescent Psychiatry** 

#### www.escap.eu

#### Goals set for 2019 - 2023

- Continue ESCAP's tradition to work in a transparent, collaborative, inclusive and friendly way
- Further enhance and develop relationship between the ESCAP Board and the National Societies
- Make ESCAP more visible internationally, and formalize the relationship with the EU
- Further development and completion of new website (<u>www.escap.eu</u>)



# The term was heavily impacted by a continuous state of crises (refugee, COVID, war,...)



#### ESCAP Board, Editor & Research Committee



Dimitris Anagnostopoulos President



Jörg Fegert ESCAP Board Member President-Elect from 2021



Stephan Eliez Past President



Jean-Philippe Raynaud Treasurer



Maeve Doyle General Secretary



Johannes Hebebrand ECAP Editor-in-Chief until 12/2022



Pieter Hoekstra ECAP Editor-in-Chief from 01/2023



Milica Pejovic-Milovancevic ESCAP Board Member Editor of ESCAP Communications in ECAP



Andreas Karwautz ESCAP Board Member



Anne Marie Råberg Christensen ESCAP Board Member



Eniko Kiss ESCAP Board Member



Manon Hillegers ESCAP Board Member



Konstantinos Kotsis ESCAP Board Member



Paul Klauser Research Academy Senior Advisor



Alexis Revet Research Academy Junior Advisor



Laura Kehoe Communications Editor until 08/2022



Karen Schlaegel Communications Editor from 09/2022



### Roles within the ESCAP Board

- President: Dimitris Anagnostopoulos
- President-Elect: Jörg Fegert
- Treasurer: Jean-Philippe Raynaud
- General Secretary: Maeve Doyle
- Chair of the Academic Division: Johannes Hebebrand
- Co-Chair of the Academic Division: Manon Hillegers
- Chair of the Clinical Division: Jean-Philippe Raynaud until July 2022

Eniko Kiss and Anne Marie Råberg Christensen as Co-Chairs

- Chair of Policy Division: Jörg Fegert
- Chair of the Early Career and Trainee CAP Committee: Konstantinos Kotsis
- Board member as Past President: Stephan Eliez
- ESCAP Communications Editor in ECAP: Milica Pejovic Milovancevic
- Inception of the ESCAP Congress Committee (joining the local Congress Planning Committee): Stephan Eliez (Chair), Johannes Hebebrand, Dimitris Anagnostopoulos
- ECAP Editor-in-Chief: Johannes Hebebrand until Dec. 2022; Pieter Hoekstra from Jan. 2023



## General Assemblies and Board Meetings held 2019-2023

- 25 June 2021 Online
- 21 June 2022 in Maastricht
- 30 June 2023 in Copenhagen
- 10 Board meetings were held:
  - 3 in person, 7 online



#### Scientific Meetings held 2019-2023

- 24 June 2021 ESCAP Training Day Online
  - Jointly with UEMS-CAP and EFPT
- 25 June 2021 ESCAP Expert Day Online
- 20 March 2022 Special Webinar on the impact of war
- 19-21 June 2022: 19th ESCAP Congress in Maastricht
  - Networks in Child and Adolescent Psychiatry
- 29 June-01 July 2023: 20<sup>th</sup> ESCAP Congress in Copenhagen
  - Next Generation Europe a balancing act between clinical, research and political demands
  - Including a joint symposium on the Future of CAP with IACAPAP, ISAPP, AEPEA, WAIMH, AACAP, UEMS-CAP, WPA-CAP, EFPT



#### Research Academies held 2019-2023

- 27 August 2020: First Virtual Research Academy
  - Innovative treatments in child and adolescent psychiatric disorders: from bench to bedside
  - 17 participants from 9 countries
- 17-18 June 2022 in Maastricht
  - New perspectives for research and clinical practice in eating disorders
  - 18 participants from 12 countries
- 27-28 June 2023 in Copenhagen
  - ADHD and emotional dysregulation
  - 23 participants from 15 countries



#### **Communication reach**

- We have reached >4,900 newsletter subscribers and opening rates are usually between 35-40%
- Website views and users:
- -> Website views fluctuate between 5,500 and 9,000 views per month by 2,500 to 4,200 users of which the majority are new users
- Twitter: >1,800 followers
- LinkedIn: > 620 followers



#### **Policy Statements**

- April 2020: COVID-19: Services must remain active, we must communicate with networking partners and avoid further closure of psychiatric units
- March 2021: Next Generation Europe A recovery plan for children, adolescents and their families
- February 2022: War hits children first
- December 2022: The impact of war
- February 2023: Trauma and recovery after natural disasters



### **EU Projects**

- Access to the EU Health Platform was established
- Co-signed and support for Mental Health in All Policies Approach
- The EU FAMILY project kicked off in October 2022: Running in the FAMILY – Understanding and predicting the intergenerational transmission of mental illness
- ESCAP was part of two more project applications which were not successful though
- More applications are in the pipeline



### Impact of COVID-19 on ESCAP function

- Change to tele-work (e.g.1 live and 5 virtual Board Meetings)
- Changes to scheduled previously priority tasks (e.g. COVID-19 became first priority)
- Changes to organizing ESCAP scientific events (e.g. Postponement of Maastricht Congress)
- Prevention of live communication ESCAP National Societies (e.g. National Congresses)
- Prevention of live communication ESCAP International Societies (e.g. International Congresses)



#### ESCAP adaptation to new conditions I

- Task Force (Policy Division, Jörg Fegert)
- <u>https://www.escap.eu/resources/coronavirus</u>
- President Statement Child and adolescent mental health in the era of COVID-19, March 2020
- ESCAP Policy Statements
- CovCAP survey AD & RA
- Resource List
- Resources in various languages
- Scientific publications



ESCAP adaptation to new conditions II Continuous efforts to fulfill specific aims and goals, continuity of the work from previous board

- EXAMPLES
  - ECAP Focused Issue: The European and Global Perspective on Training in Child and Adolescent Psychiatry
  - The child and adolescent psychiatry: study of training in Europe (CAP-STATE)
  - **ESCAP** Practice Guidance on Autism
  - Virtual Research Academy August 2020
  - **Congress Organization Committee Maastricht**
  - **Congress Organization**



#### ESCAP adaptation to new conditions III Re-establishing links

- National Societies: Collaboration with the Congresses of the Austrian, French, Greek and Serbian Societies
- International Societies

WPA CAP EPNS IACAPAP EBC ISAPP AEPEA AACAP

WAIMH

• EU

ESCAP

#### ESCAP adaptation to new conditions III Re-establishing and deepening links

- Deepening links with UEMS-CAP and EFPT working on the common goal on harmonization of training and education across Europe
- Joint initiatives such as the joint ESCAP Training Day Online, working meetings, etc.
- Focused ECAP issue in January 2020: <u>The European and Global</u> <u>Perspective on Training in Child and Adolescent Psychiatry</u> with a joint editorial: <u>Training for child and adolescent</u> <u>psychiatry in the twenty-first century</u>



#### Reports

- Policy division Jörg Fegert
- Academic division Johannes Hebebrand
- Clinical division Eniko Kiss & Anne Marie Råberg Christensen
- Early Career Trainees Kostas Kotsis
- ECAP Johannes Hebebrand & Pieter Hoekstra
- ECAP Communications Milica Pejovic Milovancevic
- Treasurer Jean-Philippe Raynaud
- Communications Editor Karen Schlaegel



#### Report from the Treasurer Accounts

	Dec 31	June 27,					
	2017	2018	2019	2020	2021	2022	2023
Balance	67 746	81 896	58 690	67 672	60 144	50 983	58 435
Savings account	63 223	58 227	43 180	38 180	38 045	37 959	37 907
Current account	4 523	23 668	15 509	29 491	22 099	13 024	20 527

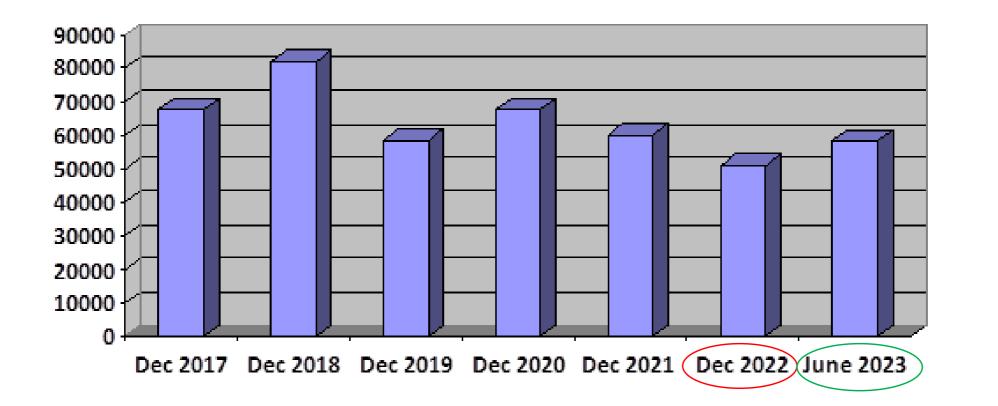


#### Inputs (benefits) and expenses

- Main fixed inputs:
  - Annual fees: 21 505 euros (fees for 2022 have been paid between 2022 and early 2023)
  - Congresses: one year out of two, when the congress is profitable: bank transfer according to the profit
  - For instance:
    - Vienna 2020: (+) 36 400 euros
    - Maastricht 2022: (-) 5800 euros
- Main fixed annual expenses:
  - ESCAP Editor: 22 000 euros
  - Board meetings: the costs for board meetings are low (each national society pays for the travel, accommodation and registration for congresses of its representative) and are even lower since we have generalized video meetings.



#### **Accounts over time**







#### **Comments and perspectives**

Overall, ESCAP's finances remain quite stable despite the difficult last two years (Covid crisis, difficulties in organizing scientific meetings with paid registrations, concerns about environmental impact...)

2023 promises to be positive:

- The Maastricht congress which marked the return of face-to-face congresses had a slight deficit.

- The Copenhagen congress clearly confirms this return of interest for the major ESCAP congresses (more than 1,600 registrations).

- All national societies member of ESCAP have paid their annual dues in 2022 (Ukraine and Russia have been exempted).

- The collaboration with the Family project allowed a grant of 21 000 euros in 2023.
- Since 2019 we have not needed to transfer funds from our savings account (which represents approximately a reserve for one year of operation in the event of an accident.)





Benefits of being an ESCAP member

Find your member page

Let's work together to improve child & adolescent psychiatry throughout Europe



Dedicated page on the ESCAP website personalized to your needs



Advertise your events on our International Event calendar



Advertise your Jobs on our Job page



Become 'Member of the Month' by writing about your member countries CAP activities



Nominate members to be involved with ESCAP division activities



Vote on General Assembly proposals and have your say



Contribute to ECAP ESCAP Communications



Host an ESCAP Congress in your country





## THANK YOU!



Maeve Doyle General Secretary

Andreas Karwautz Board Member



Milica Pejović Milovančević ESCAP Communications Editor



European Society for Child and Adolescent Psychiatry



THANK YOU!



Jean-Philippe Raynaud Treasurer



Johannes Hebebrand Chair of Academic Division Former Editor-in-Chief of ECAP







Thank you!





