

Leventhal: "Children don't know what we can do for them"

The Dublin twitterstream #escap2013

15th International Congress of ESCAP 2013 Dublin

You are about to read an *audience generated* report of the 15th International Congress of ESCAP 2013 in Dublin. This story has been put together from a selection of tweets, blogs and videos by delegates – the most spontaneous sources one can imagine.

The future direction of child psychiatry

Dr Eric Taylor (London, UK), 6 July.

13:19 – Prof. Eric Taylor on the future of C & A Psychiatry: it is we who create that future ourselves, in the context of social change.

13:21 – Future CAP: 2nd generation immigrants, children who no longer meet in the street but online, massive increase in knowledge.

13:25 – Professor Eric Taylor (UK): the separation between physical health and mental health is not in the best interests of children.

13:37 – Prof. Taylor: training does not help hitherto for ADHD because we do not distinguish between various forms of attention problems.

Enabling parents to support their children's learning at home

Kathy Silva (Oxford, UK) – 8 July.

12:29 – Sylva: both family and school contribute to school performance of children. To change families is difficult: focus on good nursery education.

Can we improve parenting on a national scale so that children do better?

Stephen Scott (London, UK), 8 July.

14:14 – Scott: if budgets are limited, focus on the most severe cases: that is where we can obtain the biggest improvement and profit.

The child/adolescent anxiety multimodal trial

John Walkup (New York, USA), 9 July.

12:15 – @walkup Interesting discussion between EU and USA on the diagnosis of bipolar disorder, Why do they see them and we don't?

12:17 – @salpekar The brain is a wonderful organ. It starts working the moment you get up and does not stop until you get into the office.

12:37 – USA psychiatrists say that [EU](#) child and adolescent psychiatrists 'don't believe' in [mania](#) in children. Goes down badly. [#gap](#)

Child abuse and neglect from an international perspective: What works?

Marie-José van Hoof (Leiden, Netherlands), Gordon Harper (Boston, USA), Alan Apter (Petah Tikva, Israel), Mária Herczog (Budapest, Hungary), 9 July.

15:55 – workshop child abuse: what really works? Important that child psychiatrists worldwide start sharing their knowledge on effective care.

16:06 – And these are the evidence-based elements for child abuse in the Netherlands: [CAP-knowledge-centre](#)

AACAP vision for child and adolescent psychiatry

Paramjit Joshi (Washington, USA), 9 July.

14:32 – chairwoman of the American Academy for CAP: we have to stand up much more for the interests of our patients. #stigma

14:42 – @joshi Changes in youth mental health care: delivering care in communities AND increasing cooperation with health care.

Disordered, bad or just a victim of circumstances: the debate and quality of care of CD/ODD in three European countries

Henrikje Klasen (Leiden, Netherlands), Jörg Fegert (Ulm, Germany), Stephen Scott (London, UK), Robert Vermeiren (Leiden, Netherlands), Sandra Westgeest (The Hague, Netherlands), 9 July.

16:39 – Scott: treatment of behavioral problems according to guidelines is highly cost-effective.

16:43 – Professor Scott [iapt.nhs.uk](#): Train all basic mental health workers how to treat, using protocols and routine outcome monitoring (ROM) every session.

16:56 – Much evidence for efficacy of structured parent training programs for behavioral problems in children in the Netherlands, Germany and UK.

Leaders forum: the future of child and adolescent psychiatry

Ruud Minderaa (Groningen, Netherlands), Norbert Skokauskas (Dublin, Ireland), Olayinka Omigbodun (Ibadan, Nigeria), Paramjit Joshi (Washington, USA), 10 July.

10:09 – Prof. Joshi, the president-elect of the American Academy of Child and Adolescent Psychiatry, puts it more strongly: we are not going forward.

10:12 – So: mental health is a subject of and FOR children, and we must bring this message into the limelight, unanimously.

10:21 – Prof. Minderaa, chairman of ESCAP explains once more that protocolized diagnosis and treatment improve our profession.

10:26 – Take a look at [CAP-knowledge-centre](#) for evidence-based diagnosis and treatment in youth mental health, says Minderaa.

The future of child and adolescent psychiatry

Norbert Stokauskas (Dublin), Bennett Leventhal (New York, USA), 10 July.

09:50 – President of the World Psychiatric Association (WPA): the biggest enemy of psychiatry is us.

09:55 – Leventhal (WPA) lays down a blandness sermon to the assembled child and adolescent psychiatrists in Dublin (1/2).

09:59 – Leventhal: why don't we get the governments to listen to us? We do not speak with one voice.

10:00 – Leventhal: we do not share the knowledge well enough, we do not stick to evidence

based treatments, children do not know what we can do for them (1/2).

10:03 – @leventhal again: child psychiatrists, stop doing what other disciplines also do, or even do better. It makes our job irrelevant.

10:03 – @leventhal: we are not easily accessible for children and parents. The message to them is: we are good at treatment.

10:06 – @leventhal: psychological problems are developmental problems. They are not caused by upbringing, but environment plays a role.

10:09 – Bennett Leventhal: child and adolescent psychiatrists should not be afraid of change. It is our job to anticipate.

Breaking down the boundaries: comorbidity of mental & physical disorders

Kathleen Merikangas (Bethesda, USA), 10 July.

11:34 – And now the president of the International Association for Child and Adolescent Psychiatry and Allied Professions: mental health worldwide.

11:47 – In the USA, 25% of youth have both a physical and a mental illness. Only 8% have a mental disorder only.

12:11 – Merikangas shows the research results on co-morbid physical and psychological illnesses where our ministry of health has often asked us for. [@NIMH, NCS-R Study](#)