

President's Report

Jörg M. Fegert

ESCAP General Assembly

30 June 2025

Strasbourg

ESCAP Board & Communications Editor



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ESCAP Activities

October 2024 – June 2025

Communication & dissemination



- **Presidential Column “Beyond nature & nurture”** published in December 2024 in ECAP
 - New ESCAP account on **Bluesky** – to replace our account on X which we will not use actively anymore
 - Continued growth of our **LinkedIn account** with now >2,345 followers (*from 1,530 in Oct. 2024*)
 - **> 5,500 newsletter subscribers**
-

Stay in touch



Please, contact the ESCAP office (editor@escap.eu) with any updates:

- **Changes to your Board** and/or contact person
 - Changes you'd like to make to **your member page** on our website
 - **National meeting reports** or **CAP related news**, you would like us to share with our community
-

Collaboration with WHO Europe



- Continued **regular online meetings**
 - Represented at the **first WHO European Regional Autumn School on Quality of Child and Adolescent Mental Health Care** (2-6 Nov 2024) as well as WHO/Europe's "**3rd Mental Health Week**", Meeting on Quality of Child and Adolescent Mental Health Care (6-7 Nov 2024)
 - Represented at launch of the **new quality standards** to improve the quality of child and adolescent mental health care by **Robert Vermeiren**, after providing input in the consultation process (27 March 2025)
-

Collaboration with WHO Europe



- **Joint sessions at ESCAP 2025** congress, Tuesday 1 July:
 - 9:00, Room Cassin: A joint ESCAP - WHO symposium on quality of care in child mental health - Adopting a human rights based approach
 - 14:15, Room Cassin: A joint ESCAP - WHO symposium on digital technology and mental health
-

European CAP events



- Presentations (*to be*) held at the National congresses of the **Austrian, French, German, Greek, Portuguese, Turkish, and Swiss CAP Societies**
 - **World Health Summit 2024** “Building Trust for a Healthier World”, 13-15 October 2024; panel on "Accessible Support in Mental Health: Facing the Silent Epidemic. Empowering Communities Worldwide through Digital Content and Tools"
-

Support for CAP in Ukraine



- **German CAP Society (DGKJP)** again **sponsored delegates from Ukraine** to attend our 2025 congress
 - ESCAP series of **webinars for Ukrainian healthcare professionals** from September 2024 to April 2025
 - More than 600 participants joined live
 - Video recording available via ESCAP website and YouTube
 - To be continued in autumn 2025
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Ukraine Webinar Series 2024/2025



- Thanks to our partners:
Organized by **ESCAP** in collaboration with the **Mental Health Coordination Center of the Cabinet of Ministers of Ukraine** and **UNICEF Ukraine** and with logistical support of the **German Trauma Foundation**
 - Implemented within the framework of the **All-Ukrainian Mental Health Programme 'How are you?'**, an initiative of First Lady Olena Zelenska
 - **Accredited** by Medical Chamber of Physicians Baden-Württemberg
 - **Simultaneous translation** into Ukrainian
 - **> 600 participated live** on Zoom, Facebook and YouTube
 - **Between 1,000 and up to 3,900 registrations** who are sent the recordings, which are available in Ukrainian and English
 - All videos are **available on YouTube** and via the **ESCAP website**
-



КООРДИНАЦІЙНИЙ ЦЕНТР
З ПСИХІЧНОГО ЗДОРОВ'Я

КАБІНЕТУ МІНІСТРІВ УКРАЇНИ

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№84КЦ-2025/в від 28.05.2025

**President of the European Society for
Child and Adolescent Psychiatry
Professor Jörg Michael Fegert**

Dear Professor Fegert!

Coordination Center for Mental Health of the Cabinet of Ministers of Ukraine (hereinafter referred to as the Coordination Center) expresses its respect to you.

The Coordination Center is an advisory body to the Government of Ukraine, which supports the implementation of the All-Ukrainian Mental Health Program initiated by the First Lady of Ukraine, Olena Zelenska.

Within the framework of our cooperation, the training project "Specialized Services for Children and Adolescents in Mental Health" was launched. This project aims to develop and implement programmatic solutions to enhance the professional competencies of specialists in the field of child psychiatry and improve management practices in the organization of psychiatric care in line with the recommendations of the European Commission.

Within this project, the participation of Ukrainian specialists in leading international conferences was ensured, and a series of specialized webinars dedicated to current challenges in the field of children's and adolescents' mental health were held.

The webinar format allowed for open access to professional information for a wide audience – specialists in mental health care, education, social services, and management. The total number of views on media platforms exceeded 100,000, which

Ukraine Webinar Series – letter of thanks



indicates a high demand for modern knowledge, as well as the relevance of the proposed topics for the professional community.

The knowledge gained is already being applied in the daily practice of specialists, particularly in working with children, adolescents, and their families in conditions of constant stress, displacement, loss, and uncertainty caused by the war.

The Coordination Center expresses its sincere gratitude to the European Society for Child and Adolescent Psychiatry (ESCAP), the University of Ulm, and the German Trauma Foundation (Deutsche Traumastiftung) for their valuable contributions to the implementation of this initiative, as well as for their solidarity and support for Ukraine during this critical time for our country.

We would especially like to thank you, Professor Fegert, for your personal involvement, leadership, openness to cooperation, and initiative in forming the expert panel of lecturers who have become an integral part of this educational component.

We hope for the continuation of our cooperation with the European Society for Child and Adolescent Psychiatry, the University of Ulm, and the German Trauma Foundation in the future to strengthen the capacity of the national mental health system for children and adolescents in accordance with European standards.

Sincerely,
Head of the Coordination Center

Oksana Zbitnieva

Ukraine Webinar Series 2024/2025



Thanks to all our speakers who volunteered their time and expertise:

- **Professor Jörg M. Fegert**, ESCAP President & University Hospital Ulm/Germany:
Development of CAP in Western countries
 - **Professor Dennis Ougrin**, King's College London/UK: Therapeutic Assessment for
Young People with Self-Harm
 - **Professor Andrea Danese**, ESCAP General Secretary & King's College London/UK:
Trauma/PTSD
 - **Professor Paul Plener**, Medical University Vienna/Austria:
Self-harm: assessment, acute care and treatment
-

Ukraine Webinar Series 2024/2025



- **Dr. Anne Marie Råberg Christensen**, ESCAP Board Member & Child and Adolescent Psychiatric Center, Glostrup, Denmark &
Dr. Anna Kovalova, Child and Adolescent Psychiatric Center, Glostrup, Denmark: Psychiatric emergency care for children and adolescents
 - **Professor Sven Bølte**, Karolinska Institute, Stockholm/Sweden: Autism in clinic, research and society: yesterday, today, tomorrow
 - **Professor Tobias Banaschewski**, Zentralinstitut für seelische Gesundheit (Central Institute for Mental Health), Mannheim/Germany: ADHD
 - **Professor Benedetto Vitiello**, University of Turin/Italy: Pharmacotherapy for Anxiety and Mood Disorders in Children and Adolescents
-

Ukraine Webinar Series 2024/2025



- **Professor Beate Herpertz-Dahlmann**, University Hospital Aachen/Germany: Childhood and adolescent Anorexia nervosa: new insights in diagnostics and treatment
 - **Professor Christoph Correll**, Charité Berlin/Germany: Efficacy and tolerability of antipsychotics in youth with severe mental disorders
 - **Professor Katrin Skala**, University Hospital Vienna/Austria: Adolescent Substance Use
 - **Priv.-Doz. Kerstin Paschke**, University Hospital Hamburg/Germany: Gaming Disorder in childhood and adolescence – from etiology to therapy
 - **Professor Jörg M. Fegert**, ESCAP President & University Hospital Ulm/Germany: Child protection and non-violent parenting
-

EU Horizon Project: Running in the FAMILY: Understanding and Predicting the Intergenerational Transmission of Mental Illness



- **Second Stakeholder Dialogue Event** on “A Dialogue on Stigma: Research, Reality, and Response” held on 10 June 2025
 - Presentations at this congress:
 - Risk factors and sequelae of early traumatic event exposure among at-risk children and adolescents, Sunday
 - Protective factors for mental health: insights from familial high risk cohorts for schizophrenia, bipolar and major depressive disorders, Monday, 13:45-15:15 in Curie (B)
 - Poster: Attitudes towards the future clinical application of novel prediction tools for the risk of severe mental disorders
-

EU Project applications



ESCAP partnered on five proposals on various EU calls:

- **HOPE:** Holistic Prevention and Empowerment – A Comprehensive Multilevel Approach for School Mental Health; **rejected**
 - **SERENE:** Serious Gamification for Emotional Regulation and Engagement through Novel Educational Psycho-Intervention
 - **STRIVE:** Supporting Teen Rights, Inclusion, and Voices for mental health Enhancement
 - **ARTEMIS:** Art, Resilience & Therapy for Empowering Mental wellbeing and Inclusive Self-expression
 - **Neuro-DRIVE:** Next-Generation Neurocognitive Assessment for Driving Fitness
-

Other grant applications



In progress:

- **partnering on application for Wellcome Trust Mental Health Grant**

ESCAP is open to partner on projects related to child and adolescent mental health with a role focused on dissemination – contact us via editor@escap.eu to discuss potential partnerships

ESCAP Statement of Support for WHO



Especially during these times of consecutive crisis (see also my Presidential Column in our ECAP journal), the central and crucial role the World Health Organization plays, also with view to addressing the global youth mental health crisis, becomes even more evident.

For years, ESCAP has collaborated closely with the WHO Regional Office for Europe, including the organisation of joint sessions at our congresses. Moreover, we have been invited to offer our expertise and contribute to consultations on relevant topics, and we greatly appreciate the continued cooperation.

We, the ESCAP Board, call on our member societies to appeal to their respective national governments to continue to support the work of WHO wherever possible.

We can only overcome the challenges we face by working together.

Jörg M. Fegert, ESCAP President, on behalf of the ESCAP Board

Upcoming congresses



- 24-26 June 2027: Child and Adolescent Mental Health in a Polarised World - hosted by the Hellenic CAP Society in Athens



- 2029: hosted by the Hungarian CAP Society in Budapest
- 2031: hosted either by the Israeli CAP Society in Jerusalem or the Turkish CAP Society in Istanbul

Membership – Croatian CAP Society



- Current ESCAP member society: Croatian Society for Infant, Child and Adolescent Psychiatry (CSICAP)
 - Not responsive; not paid their fees; supposedly no longer exists
 - Membership enquiry from: **Croatian Society for Child and Adolescent Psychiatry and Psychotherapy**, member of the Croatian Medical Association since 2003 – the Board has reviewed their statutes
 - As per our By-Laws we are asking the General Assembly to **terminate the CSICAP membership** due their non-payment of the annual fee
 - And to welcome the **Croatian Society for Child and Adolescent Psychiatry and Psychotherapy** as our new member
-

Next ESCAP General Assembly



Save the date:

The 2026 ESCAP General Assembly is scheduled for **Wednesday, 29 April 2026 from 14:00 to 16:00** and will take place online.



ESCAP Academic Division

Manon Hillegers
Andrea Danese
Pieter Hoekstra
Paul Klauser

General Assembly ESCAP congress 2025

- Research Academy:
 - Edition 2025
 - Goodbye and Welcome new organising team
- Residential courses: strengthen collaboration with ESCAP
- Workshop: K-SADS-COMP Psychiatric interviews in large pediatric samples and the clinic: Advantages and Challenges
Monday 30/06 16.45



Satellite Meeting of the 21st International Congress of the
European Society for Child and Adolescent Psychiatry

ESCAP Research Academy 2025

Strasbourg, France

27+28 June 2025



The effects of psychological trauma on the brain: from mechanisms to early intervention

Group work: mixed-method analysis of what are the concepts and definitions of trauma in research and clinical practice in Europe

20 participants from 12 countries

Four international experts in the field of trauma:

- Andrea Danese
- Isabelle Mansuy
- Vera Clemens
- Eric Bui

ESCAP Research Academy Next generation

Paul Klauser
*Senior advisor
Coordinator of the
Research Academy*



Alexis Revet
*Junior advisor
Coordinator of the
Research Academy*



Karen Schlaegel
*ESCAP
Communications
Editor*



Thank you!



Koen Bolhuis (NL)



Héloïse Young (FR)



Assia Riccioni (IT) link to
residential course



5TH RESIDENTIAL COURSE

endorsed by the **ESCAP Research Academy**



Marco Armando



Samuele Cortese



Luigi Mazzone

Ideas for strengthen the link between ESCAP and the Residential course:

- Residential Course organizers being part of the Academic division
- Providing video material or podcast content for ESCAP
- Building a community of young clinicians and researchers



European Society for Child
and Adolescent Psychiatry

Report from ESCAP Clinical Division 2025

- Eniko Kiss and
- Anne Marie Råberg Christensen

Members

- We have been fortunate to welcome four new members:
 - Simone Marchini – Belgium
 - Milica Pejovic-Milovancevic – Serbia
 - Julie Rolling – France
 - Oliver Bilke-Hentsch – Switzerland
- Oscár Herreros – Spain
- Bojan Belec – Slovenia
- Ana Kesić – Serbia
- Konstantinos Kotsis – Greece
- Bertrand Andre Marc Lauth – Iceland
- Helena Tuomainen – UK
- Eniko Kiss – Hungary
- Anne Marie R.Christensen – Denmark

Activities

- Meetings:
 - 4 virtual:
 - 12.9. and 26.9. (2024),
 - 1.6. and 17.03. (2025)
- Two symposia at the Strasbourg Congress:
 - Session 1: Unravelling Trauma in Clinical Practice – 4 cases presentations; joint session between Clinical Division, Early Career and EFPT
 - Session 2: Clinical Guidance in Everyday Practice – How do we get there?
Presentations on Transition, Telepsychiatry, ADHD survey and Child Abuse Medicine

ESCAP on transition

- The transition from adolescent to adult mental health services represents a critical period of vulnerability, that must be managed carefully and seamlessly.
- WHO data from 2016/2017 shows that under half (47%; n= 25/53) of countries reported to have guidance in place to facilitate the transition from child to adult mental health services, while just over one-third (33%; n=18/53) did not; no response was provided by the remaining ten countries (19% n=10/53)
- (WHO Regional Office for Europe, 2018).

ESCAP Guidance on Transition

- **Contributors:** Tuomainen H, Appleton R, McNicholas F, Purper-Ouakil D, Schulze UME, Street C, Franic T, de Girolamo G, Walker L, Marchini S, Tremmery B, Asher G, Santosh P, Singh S for the MILESTONE consortium

Guideline development uses clear evidence from the existing literature, and expert opinion (3). The ESCAP clinical guidance on transition was developed in three main stages: 1) An outline of the review and guidance was developed based on the review of other relevant and related clinical guidelines and guidance documents and reviewed by the ESCAP clinical division board; 2) Review of existing literature based on systematic literature searches and drafting of guidance; 3) Consultation with clinicians (from a total of X European countries), and (former) patients and parents; and 4) Revision of guidance based on feedback.

10 recommendations

1. **Start early: at approximately 6 months before the service boundary**
2. **Multidisciplinary approach**
3. **Involve young people**
4. **Include parents/caregivers**
5. **Foster respectful, person-centred care**
6. **Developmentally appropriate support**
7. **Holistic perspective**
8. **Transition coordination** Where available, involve **navigation services**
9. **Information sharing**
10. **Consider best communication tools**

ESCAP Guidance on Telepsychiatry

- Eniko Kiss, Helena Tuomainen, Shamila MD Mudiyanse, Kostas and myself
- Literature review update – in process
- Prospero

Ongoing projects

- **ADHD:**
 - The ESCAP Research Academy has now done a Survey structured around three key areas: 1) the use of psychostimulants and other medications for ADHD; 2) access to non-pharmacological therapies and educational support; and 3) socio-cultural perspectives on ADHD.
 - The results of the survey will be presented by Heloise Young at the ESCAP Symposia in Strasbourg.
- **Psychotherapy training in child and adolescent psychiatry**
 - This is an upcoming joint project of UEMS, ESCAP and EFPT. Contact has been made to UEMS regarding a survey on national psychotherapy training to be used as background to a guidance paper on psychotherapy in child and adolescent psychiatry

Future projects

- **Trauma and PTSD**
- Discussion on a German national guideline on trauma and PTSD which could be rewritten as a European guidance paper including representatives from other European countries.
- The guidance paper is planned to be finalized in 2025. Jörg Fegert and Andrea Danese have offered to help with this.
- Finally, we have started to revise the ESCAP webpage on resources. Many of the current resources are 10 years older or more.
- Open for recommendations from the Board

Report of the Policy Division

General Assembly

30 June 2025

Strasbourg

Policy Division Members



- Chair: Prof Maja Radobuljac – Slovenia
 - Co-Chair: Prof Robert Vermeiren – Netherlands
 - Prof Dimitris Anagnostopoulos – Greece
 - Dr Füsün Çuhadaroglu Çetin – Turkey
 - Dr Sofie Crommen – Belgium
 - Prof Stephan Eliez – Switzerland
 - Prof Sarah Hohmann – Germany
 - Prof Riittakerttu Kaltiala – Finland
 - Prof Konstantinos Kotsis – Greece
 - Prof Nermina Kravic – Bosnia Herzegovina
-

Policy Division – Call for new Members



We are looking for new members:

- If you are interested to join the Policy Division, get in touch with the ESCAP office: editor@escap.eu

Current projects



- Continued **collaboration with WHO Europe** – as noted in President's report
 - **Seclusion and restraint:**
 - European survey: find out how this is handled across Europe
 - Survey completed by 24 countries so far
 - Based on survey results, two manuscripts are being prepared
 - Session at the congress (see next slide)
-

Sessions at 2025 congress - already took place



- Lived experiences of gender dysphoria
 - Redefining Child and Adolescent Psychiatry: The Role of Lived Experience in Policy and Practice
 - Involuntary psychiatric treatment in children and adolescents
 - Gender dysphoria in minors: Evidence for and development of treatment approaches
-

Sessions at 2025 congress - still to come



Monday, 30 June:

- 12:30: Too hard to bear: on euthanasia in youths – Madrid 2
- 13:45: When evidence is not sufficient: The ethics of gender dysphoria management in minors – Amsterdam
- 16:45: Designing research in gender dysphoria in minors – Madrid 1

Tuesday, 1 July:

- 9:00: Cautious national developments in treatment of GD in minors – Londres 2
 - 13:00: Multiple faces of adolescent violence – Cassin
-

ESCAP EARLY CAREER AND TRAINEES CAP COMMITTEE

-

ECAP Communications Editor

- Strasbourg Congress – Early Career Committee
 - 1 symposium (joint with Clinical Division and EFPT) : **Unraveling Trauma in Clinical Practice: Navigating the Assessment and Management of Complex Cases** (complex cases of young people exposed to trauma will be presented. Assessment and management of presented cases will be discussed by world renowned experts on trauma)
 - 1 workshop **Building a clinical academic career in child & adolescent psychiatry: perspectives from across Europe** (4 clinical academics from diverse backgrounds and levels of experience will provide a brief overview of their academic journey, common difficulties they have faced building their research careers, and share tips on networking and career advancement)

- ECAP Communication editor
- Submitted Papers follow the process of peer review by at least one external reviewer
- As per the new agreement with Springer, all papers - starting with the one published in April 2025 - are now freely accessible via the Springer as well as the ESCAP website and also available for download.

Title	Authors	Date published (ascending order)	Accesses
Beyond nature & nurture	Jorg Fegert	December 2024	346
Target profiles for suicidality prevention with role-playing interventions in adolescence: a call-to-action protocol	P. Mandarano	January 2025	192
Supporting the next generation of professionals in child and adolescent mental health: the fourth Catania residential course endorsed by ESCAP	Riccioni et. al	April 2025	305

ESCAP Financial Report

**By Paul Klauser
ESCAP Treasurer**

ESCAP General Assembly

30 June 2025

Strasbourg

Accounts



	Dec 31 2017	Dec 31 2018	Dec 31 2019	Dec 31 2020	Dec 31 2021	Dec 31 2022	Dec 31 2023	Dec 31 2024	Jun 15 2025
Total	67 746	81 896	58 690	67 672	60 144	50 983	122 206	74 953	46 779
Savings	63 223	58 227	43 180	38 180	38 045	37 959	37 943	37 994	37 956
Current	4 523	23 668	15 509	29 491	22 099	13 024	84 263	36 959	8 823

Main income – 2023 membership fees



2023 fees (paid): 22 071 € (Austria, Belgium FL, Belgium FR, Bulgaria, Cyprus, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Israel, Italy, Lithuania, The Netherlands, Serbia, Slovenia, Spain, Sweden, Switzerland, UK)

2023 fees (due): 3 495 €

Croatia: 114 €

Czech Republic: 360 €

Norway: 1 671 €

Poland: 540 €

Portugal: 360 €

Romania: 450 €

2023 fees waived for

Turkey: 1 071 €

Russia: 270 €

Ukraine: 315 €

Main income – 2024 membership fees



2024 fees (paid): 26 119 € (Austria, Belgium FR, Belgium FL, Bosnia, Bulgaria, Cyprus, Czech Republic, Denmark, Estonia Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Israel, Italy, Lithuania, Luxembourg, The Netherlands, North Macedonia, Norway, Portugal, Romania, Serbia, Slovenia, Spain, Sweden, Switzerland, Turkey, UK)

2024 fees (due): 654 €

Croatia: 114 €

Poland: 540 €

2024 fees waived for

Russia: 270 €

Ukraine: 315 €

Main income



Congresses: Copenhagen 2023: 56 008 €

EU Horizon FAMILY Project:

- 2023: 21 087 €
- 2024: 16 713 €

Job Adverts on ESCAP Website (2025)

- Fondation Pôle Autisme (CH): 199 €
- Basel Uni (CH): 200 €

Other: Reimbursement Health Insurance (2024): 289 €

Main expenses



1. ESCAP Editor

- 2024 + catch-up on taxes and social security for 2022+2023: 65 617 €
- 2025: 25 000 €
- Association for health services and welfare work: 567 €

2. Accountant (809 € per month + catch-up since Jan 2023): 19 970 €

3. Research Academy 2023: 5 778 €

Main expenses



4. Tax advice (June 2024): 1 630 €

5. Consulting (April 2024): 485 €

6. Communication Nov 2024 - June 2025:

- Newsletter platform (~100 € /month): 800 €
- Website hosting 575 €

7. Board meeting 2024 in Strasbourg: 1 811 €

Comments and perspectives



- ESCAP's finances are currently out of balance, with only 8 823 € left in the current account.
 - Income from membership fees is stable. Only two countries have yet to pay their 2024 dues.
 - Costs related to the accounting company are high (approx. 10 000 €/year). We have already received a competing offer from another company for half the price (4,900 €/year).
 - Since 2019, there has been no need to transfer funds from our savings account, which represents approximately a reserve for one year's operation.
 - The 2023 accounts have been submitted and been approved by the Belgian tax office.
 - Our accounts are always in €. Steps are underway to convert them into Swiss francs.
-