

### The ESCAP Board:

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Pr Johannes Hebebrand, *Editor-in-chief of the ECAP* 

ESCAP collaboration with its national members: initiatives and member advantages

Dear presidents of national society,

Since my last communication to all our member societies, our lives and working conditions have continued to escalate into challenging territories. We are in a very a different situation as we were at the beginning of 2020, and as it comes to a close, I want to reach out to you all to let you know that personally and on behalf of ESCAP, you are in my thoughts.

I would like to assure you that the ESCAP board is working in a strong collaborative, authentic and democratic way, to support you, our Members, in the ultimate aim of improving the mental wellbeing of children and adolescents and their families in Europe. Transparency of our initiatives and work is paramount for us to become the common house of European child and adolescent psychiatry.

Here, we want to give you an update of ESCAP activities during 2020 and highlight the advantages of being an ESCAP member.

As you are aware over recent months, we have been reaching out to you all to obtain up-to-date information about your societies, for us to reach the right people to disseminate all information about clinical, research and policy issues surrounding mental health for youth. We thank you for providing this information, especially during these difficult circumstances we are currently working under.

# Recent, ongoing and new ESCAP projects:

- 1. Updating our National Member Society database
- 2. Providing resources and information concerning the <u>COVID-19 epidemic</u>

3. Launching a European survey on the impact of COVID-19 on child and adolescent psychiatric services (CovCAP – first phase accepted for publication in ECAP journal, In Press). We need your assistance in reaching more CAP heads of academic departments. Our team will email you shortly.

4. Establishing better communications with our <u>partner societies</u>, such as the EFPT-CAP, UEMS-CAP, IACAPAP. We hope to form more partnerships in the coming years.

5. An ESCAP policy position statement on COVID-19

6. A joint editorial on training in child and adolescent psychiatry with UEMS and EFPT published in the ECAP journal

7. Produced the first <u>ESCAP Guidance Paper on Autism</u> with the Autism Working Party led by Joaquin Fuentes

8. Continue to reach out to our young research-clinicians by running regular

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### **Research Academies**

9. Organising the <u>next ESCAP congress</u> that will now take place a year later than anticipated due to COVID-19 on the 19-21 June 2022 in Maastricht, The Netherlands

10.Organise an ESCAP Expert Day on the 25<sup>th</sup> June 2021, with a pre-congress Training Day organized by ESCAP / UEMS-CAP / EFPT on the 24<sup>th</sup> June for residents and trainees.

11.Communicating key issues in the <u>ECAP Journal</u> through ESCAP Communications, and Editorials

12. Developing a committee for early career and trainee psychiatrist group

13.Developing a <u>new website</u> that will enable our audience easy access to information to improve and facilitate communication of ESCAP's networks and activities

## Member advantages

We would like to point out that as an ESCAP member you can take advantage of:

1. **Dedicated page**: Your society has a dedicated <u>national member page</u> on our website. You can modify this page with any specific issues according to your national interests.

2. **Events**: On our <u>International Event</u> page you can advertise your event for free on this page, just send us an image of your event banner and a web link to our editor.

3. **Jobs**: On our <u>Jobs page</u>, you can advertise jobs for free. These are segregated into Job opportunities, Research opportunities, and Internships and Residencies. Please contact our editor for more information.

4. **Member of the month**: we would like to launch an initiative that enables visibility to our large audience of one member per month. Our editor will contact you to discuss your society's interests, initiatives, and issues. She will work with you to write an article to be featured on our website and newsletter. The idea is that every country is facing similar problems but in different circumstances. We want to inform all our members what is happening in other countries, in order for us to assist one another to overcome some of these obstacles.

5. **Featured articles**: you are welcome to work with our editor to produce an article that will feature on our website. These articles can be addressing key disorders, treatment issues, training, career development etc. Contact our editor to discuss further.

6. **Support our divisions**: ESCAP has separate <u>Clinical, Research and Policy</u> <u>divisions</u> that work on current issues from producing guidance papers, developing training, to announcing policy position statements on global and European issues. As a member, you can nominate people from your board to become committee members of these divisions and support the work behind these projects.

7. Join ESCAP committees: Support new working groups, such as the Early Career and Trainee Psychiatrists committee to launch specific initiatives related to training and educational needs.

8. Membership: we strongly recommend that you use our logo on your European Society for Child and Adolescent Psychiatry – ESCAP ESCAP Online

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website to illustrate that you are an official member of ESCAP.

9. **ESCAP president to attend your meetings**: I would like to establish regular meetings with all our member societies, not just at our General Assembly. I want to be informed of what issues you are all facing in your country in relation to child and adolescent psychiatry, for us to put these key issues at the forefront of our future initiatives.

I would like to announce that our General Assembly will be virtual and take place after the ESCAP Exert Day meeting on the 25<sup>th</sup> June 2021. We will send official invitations with more details in the new year.

With your collaboration, ESCAP will strengthen, CAP services, education and policies can improve, and ESCAP will be in a position to empower and enhance all national societies' efforts at an international level.

We are waiting for your contribution, stay safe and strong. Meanwhile, I wish you healthy season greetings and a prosperous new year.

Dimitris Anagnostoponlos

## Dimitris C. Anagnostopoulos MD, PhD

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